

# BILL J. EDWARDS

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## PROFILE

Skilled and multi-faceted physical education trainer. Diverse experience as a substitute teacher, teaching full-time as a physical education teacher, a sports coach, and a fitness instructor with a rehabilitation hospital. Proven ability to provide innovative solutions for students with diverse and unique learning styles. Trustworthy individual with excellent work ethic. Reputation for integrity and aptitude for working productively and collaboratively with people from diverse backgrounds. **Licensure:** Provisional Public school teacher K-12 Physical Education, 2001; Permanent Public school teacher K-12 Physical Education, 2006

## EXPERIENCE

**XXXX Company Name XXXX**, White Plains, NY

***Fitness Instructor***, November 2005–Present

- Planned and implemented exercise prescriptions for members rehabilitating from injuries, chronic illnesses, and joint replacement surgery.
- Taught classes for members with COPD, Parkinson, and members from stroke and cardiac rehabilitation.
- Designed appropriate exercise programs for more than 100 members.
- Provided service talks and demonstration of safe exercise and exercise testing.
- Demonstrated proper body mechanics on exercise equipment to members.

**XXXX College Name XXXX**, Valhalla, NY

***Physical Education Adjunct***, September 2004–January 2005

- Planned and implemented physical education classes in physical fitness and hockey.
- Assisted administrators and other faculty with duties, including coaching and teaching proper form, strategies, strength training, and agility drills.

**XXXX School Name XXXX**, Mamaroneck, NY

***Substitute Teacher***, September 2003–June 2004

- Provided classroom instruction, as well as supervised exams.
- Assisted faculty and staff. Taught students in groups and individually.

**XXXX School Name XXXX**, Alexandria, VA

***Physical Education Teacher***, November 2001–June 2003

- Taught family life education and physical education classes.
- Planned and implemented lifetime activities and cooperative.
- Taught sixth grade special education classes.

**XXXX Name of the College XXXX**, Woodbridge, VA

***Adjunct Professor***, February 2001–May 2001

- Taught basic Anatomy and Physiology.
- Provided assistance to students in creating and planning individualized exercise prescriptions.
- Promoted an understanding physical fitness and skill performance, sports medicine, and diet and nutrition.
- Taught measurement and evaluation through physical fitness devices.

## EDUCATION

**XXXX Name of the University XXXX**, Buffalo, NY

***Master of Science, Physical Education***, February 2001; ***Bachelor of Science, Physical Education***, May 1999

## CERTIFICATIONS

- CPR/AED

## COACHING

- Football
- Lacrosse
- Baseball

## AWARDS

- Outstanding Assistant Coach; Award of Excellence by an Assistant Coach Please provide details.
- MVP Scout Award
- 2 City Football Championships in Buffalo